

MARKET SPROUTS INSTRUCTOR

We are looking for instructors for our Wednesday Market Sprouts Days! Instructors will be responsible for designing and running an educational activity at the market. Activity focus should be rooted in healthy living, agriculture, fresh food, etc.

Instructors are responsible for purchasing any additional supplies to support their activity. The market already has select supplies that can be used, please see the list below. Instructors will be given a \$50 stipend for successfully running their workshop and can be reimbursed for up to \$50 in supplies. Please keep all receipts for reimbursement.

The Market Sprouts workshops runs 9:30-12:30 on Wednesdays in July and August. The Sprouts program has its own 10x10 canopy that will be set up before arrival. Two benches, up to 3 folding tables, a rug, and select supplies are provided. These can be set up any way instructors prefer. We ask that educators arrive between 8:45-9:15 to have their activity fully set up by 9:30. Instructors will also be responsible for handing out our \$2 tokens to all participants and assisting with "Kids Club" cards.

Market Sprouts Supplies

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| - construction paper | - colored pencils | - sidewalk chalk |
| - scissors | - glue sticks | - clipboards |
| - crayons | - Elmer's school glue | - pompoms |
| - paper plates | - bowls | - pipe cleaners |

Past Activity Examples

- Paper Plate Gardens: Learn how different vegetables grow, and what parts of the plant we eat. Color your plants and glue them to a paper plate in the way they grow.
- Pollinator Puppets: Create a pollinator puppet, practice transferring pollen. Learn about how different plants pollinate and what animals are pollinators!
- Seed Art: Match seeds to plants and create an art piece with various seeds.
- Taste Testing: Sampling various fruits and vegetables and foods found at the market

